

Freedom High School - Counseling Office

Understanding the Course Selection Process

This document is to help students and parents navigate the course selection process. Please utilize the links provided and reach out with any questions.

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Registration Process

- Read the information contained in the Course Book; and discuss with your parents.
- Consider post graduation plans, academic performance, knowledge of entrance demands of post secondary institutions, the military, apprenticeship, and the world of work.
- Time commitment to extracurricular activities and part-time employment will have a direct bearing on academic load.
- Be certain to take all required classes.
- Know the prerequisites for your class choices.
- Some courses are leveled to increase rigor.
- Choose appropriate course levels based on test results, teacher recommendation, and past class performance.
- Students are encouraged to speak with their content teachers for best recommendations.
- Understand what classes are considered an Academic Credit
 - General: English, Math, Science, Social Studies & up to 2 years of a World Language
- Check to see if you have the credits required for graduation.
- Every student is advised to enroll in a minimum of 8 credits every year.
- Most classes are worth a half ($\frac{1}{2}$), one (1) or one and a half ($1\frac{1}{2}$) credit.
- Before selecting a course, read and understand the course description.
- Complete and/or update the 4 Year Plan. This is now a google doc
 - NEW 4 Year Plans can be found by making a copy of this google doc. Be sure to share your 4 year plan with Mrs. Peters & Mrs. Vander Loop
 - <https://docs.google.com/spreadsheets/d/1Qj2uSXViljfx8h3iG4r9sohGnTUiuAcoJXxlnY2Uu8/edit?usp=sharing>

FRESHMEN:

- Complete the Course Selection Sheet and be sure it is signed by you and your parent(s). ·
Return your completed Course Selection Sheet to the guidance office.

SOPHOMORE THROUGH SENIORS:

- Counseling Office will present to each grade level and hand out the Course Selection Sheets. ·
Complete the Course Selection Sheet to use as a reference in the course selection process. ·
Students will input their courses on scheduled days arranged by the Counseling Office.

Freedom High School - Counseling Office

Understanding the Course Selection Process

Website for FULL Course Selection Sheets & Course Guide:

<https://www.freedomschools.k12.wi.us/schools/fhs/students/course-book-and-registration-process.cfm>

Understanding UW-System Minimum Requirements:

(Colleges often want to see more academic credits than FHS graduation requirements meet)

<https://go.wisconsin.edu/prepare-for-college/meet-your-admission-requirements/>

CAPP Information:

<https://www.freedomschools.k12.wi.us/schools/fhs/students/capp.cfm>

AP Information :

<https://www.freedomschools.k12.wi.us/schools/fhs/students/ap-exams-and-courses.cfm>

CCIHS Information:

<https://www.freedomschools.k12.wi.us/schools/fhs/students/college--credit-courses-uwgb.cfm>

AP vs CCIHS:

<https://www.freedomschools.k12.wi.us/schools/fhs/students/ap-or-ccihs.cfm>

Transcript Request: <https://www.parchment.com/>

Junior Conferencing Information:

<https://www.freedomschools.k12.wi.us/schools/fhs/students/specs.cfm>

Freshman Conferencing Information: Coming Soon!

Counseling Office Contact Information

Administrative Professional: *Brenda Green*

bgreen@freedomschools.k12.wi.us

Counselor: *Jen Vander Loop*

jvanderloop@freedomschools.k12.wi.us

Counselor: *Dawn Peters*

dpeters@freedomschools.k12.wi.us

Incoming Seniors:

All Students need to choose 8 credits
& write in 2 alternate courses.

CLASS of 2026 FHS Course Registration Form 2025-2026 School Year

Student _____

**You must sign up for 8 credits total
and list 2 alternate courses.**

REQUIRED COURSES

**College-bound seniors should consider taking a
Math course and Science course their senior year.**

- | | |
|--|----------|
| <input type="checkbox"/> English 12 | 1 credit |
| OR | |
| <input type="checkbox"/> CAPP English 101 | 1 credit |
| OR | |
| <input type="checkbox"/> CAPP English 214 | 1 credit |
| <input type="checkbox"/> 20 th Century America | ½ credit |
| <input type="checkbox"/> Financial Planning (if not taken grade 11) | ½ credit |
| OR | |
| <input type="checkbox"/> AgriBusiness & Personal Finance (if not taken grade 11) | ½ credit |

Math Choice (1 credit)

Science Choice (1 credit)

Social Studies Choice (½ credit) if not taken grade 11

Must
choose at
least 1
English
Course

[Link to Help
Understand
CAPP](#)

Must take
20th
Century
(unless APUSH
was completed
as a Junior)

Must take
Fin. Plan
OR
Ag Bus. 11th or
12th grade

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Page

Social Studies - FHS
Students are required to
take 3 credits towards
graduation.

2 ½ Social Studies credits
are required courses
(Civics, World Geo,
US History (or APUSH),
and 20th Century)

Incoming Seniors:

Algebra 2 is required before any other math listed.

[Link to Help Understand AP](#)

[Link to Help Understand CCIHS](#)

[Link to Help Decide between AP & CCIHS](#)

Advanced Standing (AS) or Dual Enrollment at FVTC

MATH EDUCATION

<input type="checkbox"/> Algebra 2	1 credit
<input type="checkbox"/> AP Precalculus	1 credit,
<u>or</u>	
<input type="checkbox"/> College Credit Precalculus: Math 104, Precalculus	1 credit
<input type="checkbox"/> Intro to Calculus	½ credit
<input type="checkbox"/> AP Calculus AB	1 ½ credit
<u>or</u>	
<input type="checkbox"/> College Credit Calculus: Math 202, Calc & Analytic Geometry	1 ½ credit
<input type="checkbox"/> AP Statistics	1 credit
<input type="checkbox"/> Math for the Trades AS	½ credit
<input type="checkbox"/> College Technical Math 1	1 credit

**ALL Students must have 3 credits of math to graduate from FHS.
(Alg., Geo., & Alg. 2)**

Students are highly encouraged to take math all 4 years.

FHS Students are required to have 3 credits science to graduate from FHS (Phy. Sci. & Biology are 2 required)

Students are highly encourage to take a lab science (Chem, Physics, CAPP Bio etc) for the 3rd credit - especially college bound students.

SCIENCE

<input type="checkbox"/> Anatomy & Physiology	1 credit
<input type="checkbox"/> AP Chemistry	1 credit
<input type="checkbox"/> CAPP Biology 105	1 credit
<input type="checkbox"/> Chemistry	1 credit
<input type="checkbox"/> Contemporary Chemistry	1 credit
<input type="checkbox"/> Field Ecology	½ credit
<input type="checkbox"/> Forensic Science	½ credit
<input type="checkbox"/> Medical Case Studies	½ credit
<input type="checkbox"/> Physics	1 credit
<input type="checkbox"/> Reel Science	½ credit

AGRISCIENCE EDUCATION

- ☐ Intro to Animals Science – ES ½ credit
- ☐ Dual Credit Animal Science ½ credit

Agriscience courses labeled ES count towards FHS science graduate requirements.

OTHER COURSE OPTIONS

- ☐ Youth Apprenticeship
- ☐ Early College Credit (University)
- ☐ Start College Now (Technical)
- ☐ Mentoring
- ☐ Career Exploration Experience

Contact Mrs. Peters
dpeters@freedomschools.k12.wi.us
or Mrs. Vander Loop
jvanderloop@freedomschools.k12.wi.us
for more information about these options.

Incoming Juniors:

All Students need to choose 8 credits
& write in 2 alternate courses.

CLASS of 2027

FHS Course Registration Form

2025-2026 School Year

Student _____

You must sign up for 8 credits total
and list 2 alternate courses.

REQUIRED COURSES

- | | |
|---|------------|
| <input type="checkbox"/> English 11 | 1 credit |
| OR | |
| <input type="checkbox"/> CAPP English 101 | 1 credit |
| <input type="checkbox"/> US History | 1 credit |
| OR | |
| <input type="checkbox"/> AP US History | 1 ½ credit |
| <input type="checkbox"/> Financial Planning (taken grade 11 or 12) | ½ credit |
| OR | |
| <input type="checkbox"/> AgriBusiness & Personal Finance (taken grade 11 or 12) | ½ credit |

Math Choice (1 credit)

Phy Ed Choice (½ credit)

Science Choice (1 credit)

Social Studies Choice taken grade 11 or 12 (½ credit)

On next
Page

Must
choose
English 11
OR
CAPP
English 101

[Link to Help
Understand
CAPP](#)

Must take
US History
OR
AP US
History

[Link to Help
Understand
AP](#)

Must take
Fin. Plan
OR
Ag Bus. 11th or
12th grade

Social Studies - FHS
Students are required to
take 3 credits towards
graduation.

2 ½ Social Studies credits
are required courses
(Civics, World Geo,
US History (or APUSH),
and 20th Century)

Incoming Juniors:

Algebra 2 is required before any other math listed.

[Link to Help Understand AP](#)

[Link to Help Understand CCIHS](#)

[Link to Help Decide between AP & CCIHS](#)

Adv. Standing (AS) at FVTC
** Email Counselor for more info about AS

MATH EDUCATION

- | | |
|--|-------------|
| <input type="checkbox"/> Algebra 2 | 1 credit |
| <input type="checkbox"/> AP Precalculus | 1 credit, |
| <i>or</i> | |
| <input type="checkbox"/> College Credit Precalculus: Math 104, Precalculus | 1 credit |
| <input type="checkbox"/> Intro to Calculus | ½ credit |
| <input type="checkbox"/> AP Calculus AB | 1 ½ credit, |
| <i>or</i> | |
| <input type="checkbox"/> College Credit Calculus: Math 202, Calc & Analytic Geometry | 1 ½ credit |
| <input type="checkbox"/> ACT Prep of Juniors (non-math credit) | ½ credit |
| <input type="checkbox"/> AP Statistics | 1 credit |
| <input type="checkbox"/> Math for the Trades AS | ½ credit |

**ALL Students must have 3 credits of math to graduate from FHS.
(Alg., Geo., & Alg. 2)**

Students are highly encouraged to take math all 4 years.

FHS Students are required to have 3 credits science to graduate from FHS (Phy. Sci. & Biology are 2 required)

Students are highly encourage to take a lab science (Chem, Physics, etc) for the 3rd credit - especially college bound students.

SCIENCE

- | | |
|---|----------|
| <input type="checkbox"/> Anatomy & Physiology | 1 credit |
| <input type="checkbox"/> AP Chemistry | 1 credit |
| <input type="checkbox"/> CAPP Biology 105 | 1 credit |
| <input type="checkbox"/> Chemistry | 1 credit |
| <input type="checkbox"/> Contemporary Chemistry | 1 credit |
| <input type="checkbox"/> Field Ecology | ½ credit |
| <input type="checkbox"/> Forensic Science | ½ credit |
| <input type="checkbox"/> Medical Case Studies | ½ credit |
| <input type="checkbox"/> Physics | 1 credit |
| <input type="checkbox"/> Reel Science | ½ credit |

AGRISCIENCE EDUCATION

- | | |
|--|----------|
| <input type="checkbox"/> Intro to Animals Science – ES | ½ credit |
| <input type="checkbox"/> Dual Credit Animal Science | ½ credit |

Agriscience course labeled ES count towards FHS science graduate requirements.

OTHER COURSE OPTIONS

- ☐ Youth Apprenticeship
- ☐ Early College Credit (University)
- ☐ Start College Now (Technical)
- ☐ Mentoring

Contact Mrs. Peters
dpeters@freedomschools.k12.wi.us
or Mrs. Vander Loop
ivanderloop@freedomschools.k12.wi.us
for more information about these options.

Incoming Sophomores:

**All Students need to choose 8 credits
& write in 2 alternate courses.**

Sophomores are required
to take all the courses
listed.

Then choose other
courses on the front or
back to fill the 8 credits
required each year as well
as pick 2 alternate
courses.

CLASS of 2028

FHS Course Registration Form
2025-2026 School Year

Student _____

You must sign up for 8 credits total
and list 2 alternate courses.

REQUIRED COURSES

- | | |
|---|----------|
| <input type="checkbox"/> English 10 | 1 credit |
| <input type="checkbox"/> Biology | 1 credit |
| <input type="checkbox"/> Geometry | 1 credit |
| <input type="checkbox"/> Health | ½ credit |
| <input type="checkbox"/> Civics (if not taken in grade 9) | ½ credit |
| Phy Ed Choice (½ credit – on other side) | |

Sophomores are encouraged to start researching
potential post-secondary options to choose courses that
will align with their goals.

As Juniors - Mrs. Vander Loop & Mrs. Peters host Junior
Conferences to meet with students and parents individually
about their schedules and post-secondary plans.

Incoming Freshmen:

**All Students need to choose 8 credits
& write in 2 alternate courses.**

Freshmen are required to
take all the courses listed.

Then choose other
courses on the sheet to fill
the 8 credits required each
year as well as write in 2
alternate courses in the
space given.

CLASS of 2029

FHS Course Registration Form
2025-2026 School Year

Student _____

**You must sign up for 8 credits total
and list 2 alternate courses.**

REQUIRED COURSES

- | | |
|--|----------|
| <input type="checkbox"/> English 9 | 1 credit |
| <input type="checkbox"/> Algebra | 1 credit |
| <input type="checkbox"/> Physical Science | 1 credit |
| <input type="checkbox"/> Phy Ed 9 | ½ credit |
| <input type="checkbox"/> World Geography | ½ credit |
| <input type="checkbox"/> Civics (can be taken grade 9 or 10) | ½ credit |

Freshmen are encouraged to start researching potential
post-secondary options to choose courses that will align with their
goals.

As incoming Freshmen - Mrs. Peters hosts Freshmen
Conferences over the summer to meet with students and parents
about their schedules and potential post-secondary plans.

FHS 2026 GRADUATION REQUIREMENTS

Subject Area

Credits

ENGLISH

1 credit of English 9	
1 credit of English 10	
1 credit of English 11 or CAPP English 101	
1 credit of English 12 or CAPP English 101 or CAPP English 214	4

MATHEMATICS

1 credit of Algebra 1	
1 credit of Geometry	
1 credit of Algebra 2	3

SCIENCE

1 credit of Physical Science	
1 credit of Biology	
1 credit of elective science	3

SOCIAL STUDIES

.5 credit of World Geography	
.5 credit of Civics	
1 credit of US History or 1.5 credits AP US History	
.5 credit of 20 th Century America (unless AP US History is completed)	
.5 credit of elective Social Studies	3

PHYSICAL EDUCATION/HEALTH

.5 credit of Physical Education 9	
1 credit of elective Physical Education	1.5 PE
.5 credit of Health	0.5 Health

OTHER REQUIRED COURSES

.5 credit of Financial Planning or Agribusiness & Personal Finance	0.5
12.5 credits of electives	12.5

TOTAL CREDITS NEEDED TO GRADUATE

28

SEMESTER LOAD REQUIREMENTS:

All students are advised to be enrolled in a minimum of eight (8) credits per year.

Exceptions to these minimum and maximum credit loads must be cleared through the counseling office. Each student must be enrolled in a class or approved activity each period of each class day.

CREDIT ALLOWANCES:

Term course = 0.5 credit / Two-term course = 1.0 credit / Three-term course = 1.5 credits

Two-term modified block course (45 minutes or "skinny") = .5 credit